



## **Elene Cafasso**

President & Head Coach

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Elene Cafasso is a professionally trained executive coach, and President of Enerpace, Inc. Elene's coaching enables leaders to achieve their objectives in the areas most critical to their success: leadership agility, emotional intelligence, team building, professional communication and organizational effectiveness.

Elene helps these over-stressed and over-busy executives focus on what really matters, while growing themselves, their team and their bottom line. Truly committed to her clients, Elene is passionate about helping those with whom she works to enjoy professional fulfillment while always being positioned for success as they define it.

Elene's clients appreciate that she was where they are! Elene has lived through regulated industries, corporate politics, hirings, downsizings, group dynamics, planning cycles, rightsizings and budget cuts. She has experience marketing to both consumers and businesses of all sizes. Elene's strategic sales channel management expertise ranges from telemarketing up through Account Executives covering Fortune 50 clients. She holds an MBA in Marketing and Finance from the University of Chicago, and worked in the corporate world for 14 years where she held executive level positions in the banking and telecommunications industries.

Her career management insights appear frequently in the press, as Elene has been featured on NBC 5 Chicago news, *Money Magazine*, *Career Builder.com*, *The New York Daily News* and *Crain's Chicago Business*, among others.

Elene is certified by the International Coach Federation and professionally trained as a coach by CTI (The Coaches Training Institute). A continuous learner in the discipline she loves and respects, she has continued her training with additional coursework in Organizational and Relationship Systems, Shadow Coaching, and Power Coaching with Mind Kinetics. Elene is active with the Chicago CEO Roundtable, the Professional Women's Club of Chicago and the University of Chicago Booth. She serves on the Board of Directors for the Quality Training Institute.

**Areas of Expertise:**

Executive Coaching – On boarding and high performance

Leadership Skills including: Executive Presence; Emotional Intelligence; Collaboration and Influence; Stakeholder Management; Leadership

Agility; Powerful Communication; Team Building; and Delegation

Executive Onboarding; Women in Leadership; High Potential Development

Workshops designed and delivered in areas such as: Leadership Agility; Coaching Skills for Leaders; Powerful Communication; Emotional Intelligence; Strategic Networking; Workplace Diversity; Goal Setting and Professional Branding

**Education & Professional Membership:**

MBA, Finance & Marketing - University of Chicago, Chicago Booth

B.S. Finance – DePaul University, Chicago

Master Certified Coach (MCC) with the International Coach Federation (ICF).

Associate Certified Power Coach (ACPC)

Coach training from the Coaches Training Institute, Coaching & Leadership International, School of Shadow Coaching, Center for Right Relationship

Certified in Leadership Agility 360 Instrument

Experienced in Bar-On EQi, DiSC, Hogan, Hay Corporate 360