

got balance?



need more?

Then This Workbook is For YOU!

You Will:

- Create you own, unique definition of balance
- Design & implement an action plan to get you there
- Learn to consciously say yes/no to commitments using your values
- Have fun along the way!

Call #630-832-4399 to Order

Receive the Workbook and a FREE Download of a Recorded "Got Balance?" Teleclass for just \$15!